



2004-05 RESULTS

2004-05 FINAL SEASON RESULTS

(9-2 OVERALL, 5-2 PAC-10, 5-1 AT HOME, 4-1 ON THE ROAD)

Date	Opponent	W-L	Score	Record
Oct. 1	at Washington*	W	141-116	1-0
Oct. 2	at British Columbia	W	128-17	2-0
Oct. 22	Florida St	W	147-126	3-0
Nov. 5	Oregon St*	W	147.5-111.5	4-0
Nov. 12	at San Jose St	W	162-108	5-0
Nov. 13	Pacific	W	155.5-98.5	6-0
Dec. 3-5	at Georgia Inv.	—	2 nd	—
Jan. 21	at Arizona*	L	144-99	6-1
Jan. 22	at Arizona St*	W	176-118	7-1
Jan. 28	USC*	W	175.5-124.5	8-1
Jan. 29	UCLA*	W	161-139	9-1
Feb. 12	Stanford*	L	172-28	9-2

*Pac-10 Conference meet

Bold denotes home meet at Spieker Aquatics Complex, Berkeley, CA

2005 PACIFIC-10 CONFERENCE CHAMPIONSHIPS

FEB . 23-26, 2005 KING COUNTY AQUATICS CENTER, FEDERAL WAY, WASH.



FINAL TEAM STANDINGS

1. Stanford 1,499
2. Arizona 1,237
- 3. CALIFORNIA 1,088.5**
4. UCLA 986
5. USC 954.5
6. Arizona St 926.5
7. Oregon St 504.5
8. Washington 468
9. Washington St. 334

Event..... Prelims Final

50 YARD FREESTYLE

1. Lacey Boutwell, STAN .. 22.92 22.63
17. Emma Palsson 23.83 23.70

100 YARD FREESTYLE

1. Lacey Boutwell, STAN .. 49.35 48.85
2. Emily Silver 49.75 49.51
8. Lauren Medina 50.43 50.54
19. Keiko Amano 51.70 51.72

200 YARD FREESTYLE

1. Emily Silver 1:47.68 1:46.71
3. Lauren Medina 1:47.17 1:46.83
6. Ashley Chandler 1:47.41 1:47.51

500 YARD FREESTYLE

1. Emily Mason, ARIZ . 4:46.35 4:41.21
2. Ashley Chandler 4:44.27 4:41.65
6. Lauren Medina 4:47.44 4:49.95
7. Erin Reilly 4:49.98 4:51.96
16. Kate Tiedeman 4:50.78 4:53.40
17. Lisa Morelli 4:52.59 4:49.24
19. Rachel Ridgeway 4:52.90 4:53.99

1650 YARD FREESTYLE

1. Kalyn Keller, USC .. 16:38.85 16:12.80
11. Kate Tiedeman 16:51.54 16:48.63
21. Jessica Cotton 17:07.61 17:29.52

100 YARD BACKSTROKE

1. Marshi Smith, ARIZ ... 53.42 53.22
1. Katie Arnold, UCLA ... 53.81 53.22
6. Helen Silver 54.93 54.83
8. Sherry Tsai 55.21 55.56
14. Lauren Andrews 56.11 56.04
21. Lisa Morelli 58.05 57.95

200 YARD BACKSTROKE

1. Jo Fargus, USC 1:56.77 1:55.87
5. Helen Silver 1:58.10 1:58.42
7. Emily Verdin 1:59.93 2:00.17
8. Sherry Tsai 1:59.76 2:00.68
10. Lauren Andrews 2:02.00 2:00.20
12. Lisa Morelli 2:01.33 2:00.80
19. Amy Ng 2:04.63 2:03.70
22. Nadi Staubit 2:07.66 2:06.15

100 YD BREASTSTROKE

1. Annie Babicz 1:01.58 1:01.12
8. Genevieve Patterson . 1:02.54 1:03.45
15. Erin Calder 1:03.57 1:04.08
19. Marcell Miller 1:05.14 1:04.56

200 YD BREASTSTROKE

1. Caroline Bruce, STAN . 2:11.46 2:09.76

5. Annie Babicz 2:16.59 2:15.00
13. Marcelle Miller 2:17.08 2:17.16
23. Erin Calder 2:20.13 2:21.41

100 YARD BUTTERFLY

1. Caitlin Andrew, ASU .. 53.21 52.64
7. Leann Toomey 54.37 54.57
9. Annie Babicz 55.55 54.74
11. Erin Reilly 55.82 55.44
12. Rachel Ridgeway 55.77 55.68
23. Emma Palsson 56.82 56.79
24. Keiko Amano 56.85 58.25

200 YARD BUTTERFLY

1. Dana Kirk, STAN 1:56.35 1:54.89
8. Rachel Ridgeway 2:00.16 2:00.75
10. Ashley Chandler 2:01.75 2:00.85
12. Leann Toomey 2:02.80 2:02.55

200 YARD INDIV. MEDLEY

1. Caroline Bruce, STAN . 1:58.15 1:58.40
4. Helen Silver 2:00.59 1:59.93
7. Emily Verdin 2:01.48 2:02.30
15. Sherry Tsai 2:02.86 2:02.69
22. Genevieve Patterson . 2:03.71 2:04.60

400 YARD INDIV. MEDLEY

1. Caroline Bruce, STAN . 4:14.85 4:10.31
11. Emily Verdin 4:20.72 4:20.37
14. Amy Ng 4:22.28 4:23.90
15. Kate Tiedeman 4:23.36 4:24.79
19. Jessica Cotton 4:26.16 4:25.43

200 YARD FREE RELAY

1. Arizona 'A' 1:30.07M
(Jenna Gresdal, Jessica Hayes,
Marshi Smith, Courtney Cashion)
4. California 'A' 1:32.46
(Emily Silver, Lauren Andrews,
Emma Palsson, Keiko Amano)

400 YARD FREE RELAY

1. Arizona 'A' 3:18.01A 64
(Ryann Hackett, Courtney Cashion,
Jenna Gresdal, Lacey Nymeyer)
3. California 'A' 3:20.60B
(Lauren Andrews, Emily Silver, Sherry Tsai,
Lauren Medina)

800 YARD FREE RELAY

1. California 'A' 7:08.37
(Ashley Chandler, Erin Reilly, Emily Silver,
Lauren Medina)

200 YD MEDLEY RELAY

1. Stanford 'A' 1:39.69
(Amy Wagner, Caroline Bruce,
Dana Kirk, Brooke Bishop)
5. California 'A' 1:40.98
(Sherry Tsai, Genevieve Patterson,
Emma Palsson, Emily Silver)

400 YD MEDLEY RELAY

1. Stanford 'A' 3:35.87
(Brooke Bishop, Caroline Bruce,
Dana Kirk, Lacey Boutwell)
3. California 'A' 3:39.91B
(Helen Silver, Annie Babicz,
Leann Toomey, Emily Silver)

ONE-METER DIVING

1. Blythe Hartley, USC 318.90

THREE-METER DIVING

1. Blythe Hartley, USC 543.20
21. Katy Banks 335.10
26. Tara Capsuto 304.35

PLATFORM DIVING

1. Trisha Tumlinson, ASU 443.50
20. Tara Capsuto 201.00 5

2005 NCAA CHAMPIONSHIPS

MARCH 17-19, 2005 BOILERMAKER AQUATIC CENTER ... WEST LAFAYETTE, IND.



FINAL TEAM STANDINGS

1. Georgia 609.5
2. Auburn 492
3. Arizona 440
4. Florida 355
5. Stanford 313
6. Texas 218
7. SMU 170
8. **CALIFORNIA** **149**
9. Indiana 112
10. USC 108

Event..... Prelims Final

50 YARD FREESTYLE

1. K. Lynn Joyce, UGA : :21.94:21.97

100 YARD FREESTYLE

1. K. Lynn Joyce, UGA : :48.81:47.50
4. Emily Silver:48.72:48.73

200 YARD FREESTYLE

1. M. Hoelzer, AUB 1:46.26 1:44.60
5. Lauren Medina 1:46.31 1:46.28
12. Erin Reilly 1:47.26 1:46.61

500 YARD FREESTYLE

1. E. Mason, ARIZ 4:40.53 4:37.11
9. Ashley Chandler 4:44.18 4:43.33

1650 YARD FREESTYLE

1. F. Rigamonti, SMU 15:46.84
19. Erin Reilly 16:25.95

100 YARD BACKSTROKE

1. M. Smith, ARIZ :52.88:52.82

200 YARD BACKSTROKE

1. K. Coventry, AUB ... 1:53.54 1:50.54
9. Helen Silver 1:56.18 1:55.88
15. Emily Verdin 1:57.25 1:58.02

100 YARD BREASTSTROKE

1. Caroline Bruce, STAN1:00.69:59.55
16. Annie Babicz 1:01.95 1:02.37

200 YARD BREASTSTROKE

1. C. Bruce, STAN 2:09.77 2:08.67

100 YARD BUTTERFLY

1. M. Descenza, UGA :52.16:52.11

200 YARD BUTTERFLY

1. M. Descenza, UGA .. 1:54.83 1:54.19

200 YARD INDIV. MEDLEY

1. K. Coventry, AUB ... 1:56.67 1:54.37

400 YARD INDIV. MEDLEY

1. K. Coventry, AUB ... 4:09.69 4:04.48

200 YARD FREE RELAY

1. Georgia 1:28.36 1:28.10#
(Joyce, Georoff, Kearns, Weir)
9. Cal 1:31.17 1:31.17
(E. Silver, Tsai, Andrews, H. Silver)

400 YARD FREE RELAY

1. Georgia 3:17.06 3:13.56*
(Joyce, Descenza, Kearns, Weir)

6. Cal 3:19.44 3:18.48
(Medina, Tsai, Andrews, E. Silver)

800 YARD FREE RELAY

1. Georgia 7:01.03*
(Descenza, Hill, Joyce, Weir)
5. Cal 7:07.87
(E. Silver, Chandler, Reilly, Medina)

200 YARD MEDLEY RELAY

1. Georgia 1:38.76 1:37.81
(Arsenault, Descenza, Poewe, Joyce)

400 YARD MEDLEY RELAY

1. Georgia 3:36.41 3:33.89
(Arsenault, Descenza, Poewe, Weir)
8. Cal 3:39.14 3:40.70
(H. Silver, Toomey, Babicz, Silver E.)

ONE-METER DIVING

1. Q. Huang HAW 327.00

THREE-METER DIVING

1. B. Hartley USC 586.15

PLATFORM DIVING

1. C. Cardinell, IND 501.45

!Pac-10 Record

#NCAA Record

^U.S. Open Record

*Meet Record

@American Record

%World Record

2005 CALIFORNIA ALL-AMERICANS

Emily Silver: 100 Yard Freestyle - :48.73, 4th

Lauren Medina: 200 Yard Freestyle - 1:46.28, 5th

Erin Reilly: 200 Yard Freestyle - 1:46.61, 12th; 1650 Yard Freestyle - 16:25.95, 19th

Helen Silver: 200 Yard Backstroke - 1:55.88, 9th

Emily Verdin: 200 Yard Backstroke - 1:58.02, 15th

Annie Babicz: 100 Yard Breaststroke - 1:02.37, 16th

Ashley Chandler: 500 Yard Freestyle - 4:43.33, 9th

E. Silver, Tsai, Andrews, H. Silver: 200 Yard Free Relay - 1:31.17, 9th

Medina, Tsai, Andrews, E. Silver: 400 Yard Free Relay - 3:18.48, 6th

E. Silver, Chandler, Reilly, Medina: 800 Yard Free Relay - 7:07.87, 5th

H. Silver, Toomey, Babicz, E. Silver: 400 Yard Medley Relay 3:40.70, 8th

2004-05 BEST TIMES (yards)

SWIMMING

50 FREE

A: 22.88

B: 23.56

A E Silver	22.65	NCAA
Palsson	23.70	Pac10s
Andrews	23.79	Stanf.
Medina	23.83	G Inv.
Amano	23.94	Stanf.
Tsai	24.02	OSU

100 FREE

A: 49.78

B: 51.27

A E Silver	48.72	NCAA
B Medina	49.84	NCAA
B Andrews	50.83	Stanf.
Tsai	51.29	G Inv.
Amano	51.62	G Inv.
Babicz	51.79	Stanf.

200 FREE

A: 1:47.61

B: 1:50.83

A Medina	1:46.28	NCAA
A Reilly	1:46.61	NCAA
A E Silver	1:46.71	Pac10s
A Chandler	1:47.09	Pac10s
B Andrews	1:50.17	Stanf.
Tsai	1:50.91	UOP

500 FREE

A: 4:45.46

B: 4:54.02

A Chandler	4:41.65	Pac10s
B Reilly	4:46.16	G Inv.
B Medina	4:46.52	NCAA
B Morelli	4:49.24	Pac10s
B Ridgeway	4:50.71	NCAA
B Tiedeman	4:50.78	Pac10s

1000 FREE

Reilly	9:55.90	UCLA
Morelli	9:59.59	USC
Chandler	10:00.09	ASU
Medina	10:05.62	UOP
Tiedeman	10:05.63	UCLA
Cotton	10:17.31	USC

1650 FREE

A: 16:23.54

B: 16:53.04

B Reilly	16:25.95	NCAA
B Tiedeman	16:48.63	Pac10s
Cotton	17:07.61	G Inv.

100 FLY

A: 53.75

B: 55.36

B Toomey	54.37	Pac10s
B Babicz	54.74	Pac10s
Reilly	55.44	Pac10s
Ridgeway	55.68	Pac10s
Tsai	56.45	ASU
Palsson	56.79	Pac10s

200 FLY

A: 1:58.11

B: 2:01.65

B Ridgeway	2:00.16	Pac10s
B Chandler	2:00.85	Pac10s
Babicz	2:02.12	UOP
Toomey	2:02.55	Pac10s
Morelli	2:03.32	Stanf.
Reilly	2:03.50	UCLA

100 BACK

A: 54.47

B: 56.10

B H Silver	54.63	NCAA
B Tsai	54.75	NCAA
B Verdin	55.13	NCAA
B Andrews	55.91	NCAA
Staubitz	57.42	G Inv.
Morelli	57.95	Pac10s

200 BACK

A: 1:58.24

B: 2:01.78

A H Silver	1:55.88	NCAA
A Verdin	1:57.25	NCAA
B Tsai	1:59.27	Stanf.
B Andrews	2:00.06	NCAA
B Morelli	2:00.80	Pac10s
Ng	2:03.70	Pac10s

100 BREAST

A: 1:02.00

B: 1:03.86

A Babicz	1:01.12	Pac10s
B Patterson	1:02.54	Pac10s
B Calder	1:03.57	Pac10s
Miller	1:04.56	Pac10s
O'Neal	1:05.41	Pac10s
Merlone	1:08.17	Stanf.

200 BREAST

A: 2:14.25

B: 2:18.27

B Babicz	2:15.00	Pac10s
B Miller	2:17.08	Pac10s
B Patterson	2:17.21	UCLA
Calder	2:20.13	Pac10s
Ng	2:22.62	Pac10s
O'Neal	2:23.59	G Inv.

200 IM

A: 2:00.67

B: 2:04.29

A H Silver	1:59.93	Pac10s
B Tsai	2:01.41	NCAA
B Verdin	2:01.48	Pac10s
B Babicz	2:03.25	Pac10s
B Patterson	2:03.71	Pac10s
Ng	2:06.11	G Inv.

400 IM

A: 4:15.93

B: 4:23.60

B Verdin	4:20.37	Pac10s
B Tsai	4:22.21	UCLA
B Ng	4:22.28	Pac10s
B Tiedeman	4:23.36	Pac10s
Chandler	4:23.72	Pac10s
Cotton	4:24.14	G Inv.

200 FREE RELAY

A: 1:31.01

B: 1:33.74

B Total	1:31.17	NCAA
E Silver	(22.95), Tsai	(22.76), Andrews
	(23.00), H Silver	(22.46)

400 FREE RELAY

A: 3:18.95

B: 3:24.91

A Total	3:18.48	NCAA
Medina	(49.84), Andrews	(50.04), Tsai
	(50.36), E Silver	(48.24)

800 FREE RELAY

A: 7:11.65

B: 7:24.59

A Total	7:07.87	NCAA
E Silver	(1:46.96), Reilly	(1:46.34), Chandler
	(1:47.44), Medina	(1:47.13)

200 MED. RELAY

A: 1:39.90

B: 1:42.89

B Total	1:40.98	Pac10s
Tsai	(25.45), Patterson	(28.26), Palsson
	(25.01), E Silver	(22.26)

400 MED. RELAY

A: 3:38.32

B: 3:44.86

B Total	3:39.14	NCAA
H Silver	(55.05), Babicz	(1:01.54), Toomey
	(53.98), E Silver	(48.57)



Sherry Tsai

DIVING

ONE METER

Korpell	258.45
Capsuto	233.10
Banks	150.15

THREE METER

Banks	335.10
Capsuto	304.35
Korpell	266.175

PLATFORM

Capsuto	201.00
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GOLDEN BEAR HONORS

OLYMPICS

Hui-Chien Chang, Taiwan 1988
 Kim Chen, Taiwan 1988
 Haley Cope, United States 2004
 Natalie Coughlin, United States 2004
 Hanna Jaltner, Sweden, 1996
 Helen Jameson, Great Britain 1980
 Lene Jenssen, Norway 1976 1980
 Agneta Martensson, Sweden 1980, 1984
 Mary T. Meagher, United States 1980, 1984, 1988
 Waen Minpraphal, Thailand 1992, 1996, 2000
 Hiroko Nagasaki, Japan 1988
 Elli Overton, Australia 1992, 1996, 2000
 Trina Radke, United States 1988
 Anna Simcic, New Zealand 1992, 1996
 Staciana Stitts, United States 2000
 Akiko Thomson, Philippines 1988, 1992, 1996
 Sherry Tsai, Hong Kong 2000, 2004
 Conny van Bentum, The Netherlands 1980, 1984, 1988
 Ashley Whitney, United States 1996
 Joscelyn Yeo, Republic of Singapore 1992, 1996

WORLD UNIVERSITY GAMES

Michelle Branchaud, United States 1987
 Ashley Chandler, United States 2005
 Sheila Conway, United States 1991
 Helen Jameson, Great Britain 1983
 Cheryl Kriegsmann, United States 1987
 Mary T. Meagher, United States 1985
 Lauren Medina, United States 2005
 Lisa Meyers, United States 1987
 Elli Overton, Australia 1997
 Sherry Tsai, Hong Kong 2005
 Cindy Tuttle, United States 1981
 Conny van Bentum, The Netherlands 1985

NCAA SWIMMER OF THE YEAR

2001 Natalie Coughlin
 2002 Natalie Coughlin
 2003 Natalie Coughlin

PAC-10 SWIMMERS OF THE YEAR

1987 Mary T. Meagher
 1989 Sarah Anderson
 1999 Marylyn Chiang
 2000 Haley Cope
 2001 Natalie Coughlin
 2002 Natalie Coughlin
 2003 Natalie Coughlin

NCAA CHAMPIONS

1983 Mary T. Meagher, 200 fly
 1985 Mary T. Meagher, 100 and 200 fly
 Conny van Bentum, 50 free
 1986 Mary T. Meagher, 200 fly
 Conny van Bentum, 200 free

1987 Mary T. Meagher, 100 and 200 fly
 1988 Hiroko Nagasaki, 200 breast
 1999 Marylyn Chiang, 100 back
 2000 200-meter medley relay (Haley Cope, Staciana Stitts, Waen Minpraphal, Joscelyn Yeo)
 200-meter free relay (Anya Kolbisen, Haley Cope, Nicole Omphroy, Joscelyn Yeo)
 2001 Natalie Coughlin, 100 back, 200 back, 100 fly
 2002 Natalie Coughlin, 100 back, 200 back, 100 fly
 2003 Natalie Coughlin, 100 back, 200 back, 100 fly
 2004 Natalie Coughlin, 100 Fly, 100 Back 800-meter free relay (Natalie Coughlin, Erin Reilly, Ashley Chandler, Lauren Medina)

COSIDA ACADEMIC ALL-AMERICAN

2000 Elli Overton
 2003 Natalie Coughlin, 2nd Team

CSCAA ACADEMIC ALL-AMERICAN

Sarah Anderson 1991
 Katie Bell 1992, 1993, 1994
 Alice Cantwell 1994
 Amy Clark 1985, 1986, 1987, 1988
 Natalie Coughlin 2004
 Megan Doberneck 1987, 1988, 1989
 Pippa Downes 1991
 Melissa Graviss 1991
 Alice Henriques 2002
 Larissa Herold 1994, 1995
 Kristin Imwalle 1996, 1997, 1999
 Anya Kolbisen 1997
 Cheryl Kriegsmann 1989
 Kristin Kuhlman 1987, 1988, 1989, 1990
 Marcelle Miller, 2003, 2004
 Lorenza Munoz 1990
 Elli Overton 1998
 Heather Reagan 1991
 Staciana Stitts 2002
 Lisa Summers 1991, 1992, 1993
 Conny van Bentum 1985, 1986
 Cindy Tuttle 1985
 Katie Welch 1992

PAC-10 ALL-ACADEMIC TEAM

Katie Aldworth 1999
 Keiko Amano 2003, 2004, 2005
 Sarah Anderson 1991
 Danielle Becks 2002, 2004
 Katie Bell 1994
 Alyson Borawski 2003
 Jenni Brelsford 1999, 2000
 Micha Burden 2004
 Alice Cantwell 1994
 Tara Capsuto, 2005
 Marylyn Chiang 1999
 Haley Cope 1999, 2000, 2001
 Natalie Coughlin 2002, 2003, 2004
 Pippa Downes 1991, 1992

TEAM AWARDS

MVP

Larissa Herold, 1993
 Larissa Herold, 1994
 Anna Simcic, 1995
 Marylyn Chiang, 1996
 Marylyn Chiang, 1997
 Elli Overton, 1998
 Marylyn Chiang, 1999
 Joscelyn Yeo, 2000
 Natalie Coughlin, 2001
 Natalie Coughlin, 2002
 Natalie Coughlin, 2003
 Natalie Coughlin, 2004
Emily Silver, 2005

MOST IMPROVED

Kristina Burow, 1993
 Akiko Thomson, 1994
 Katie Reding, Erin Jesfeld, 1995
 Kristin Imwalle, 1996
 Anya Kolbisen, 1997
 Haley Cope, 1998
 Lisa Murray, 1999
 Stephanie Hermann, 2000
 Michelle Harper, 2001
 Danielle Becks, 2002
Kate Tiedeman, 2003
 Erin Calder, 2004
Annie Babicz, 2005

SCHOLASTIC AWARD (highest GPA)

Katie Bell, 1993
 Kristina Burow, 1994
 Megan Chen, 1995
 Carrie Johnson, 1996
 Amy Vastine, 1997
 Elli Overton, 1998
 Elli Overton, 1999
 Elli Overton, 2000
 Alice Henriques, 2001

Christina Flynn 2001, 2002, 2003
 Amy Gosling 1992
 Melissa Graviss 1991, 1992
 Natalie Griffith 2002, 2003, 2004
 Michelle Harper 2003
 Alice Henriques 2000, 2002
 Stephanie Hermann 1999, 2000
 Larissa Herold 1995, 1996
 Kristin Imwalle 1997, 1999
 Hanna Jaltner 1999, 2000
 Carrie Johnson 1996
 Giana Johnson 1997
 Liah Kim 2001
 Anya Kolbisen 1999, 2000
 Lila Korpell, 2005
 Dena Lofthus 2000
 Katie Lowes 1999, 2000
 Gina Merlone, 2005
 Marcelle Miller 2003, 2004, 2005
 Waen Minpraphal 2000
 Katherine Mitchell 2002
 Lisa Morelli 2003
 Lorenza Munoz 1991

Alice Henriques, 2002
 Marcelle Miller, 2003
 Gina Merlone, 2004
Gina Merlone, 2005

GOLDEN BEAR AWARD (For Dedication, Perseverance and Team Spirit)

Katie Bell, Lisa Summers, 1993
 Katie Bell, 1994
 Sheila Conway, 1995
 Larissa Herold, 1996
 Katie Aldworth, 1997
 Katie Reding, 1998
 Katie Aldworth, 1999
 Staciana Stitts, 2000
 Staciana Stitts, 2001
 Staciana Stitts, 2002
 Lisa Morelli, 2003
 Emma Palsson, 2004
 Emma Palsson & **Sherry Tsai**, 2005

COACHES' AWARD (SWIMMING)

Elli Overton, 2000
 Haley Cope, 2001
 Kyoko Yokouchi, 2002
 Helen Silver, 2003
 Micha Burden & **Ashley Chandler**, 2004
 Lauren Medina, 2005

MOST OUTSTANDING DIVER

Lila Korpell, 2005

COACHES' AWARD (DIVING)

Tara Capsuto

Bold denotes current Cal athlete

Cheryl Murphy 1997
 Sonya Nimtz 1992, 1993
 Nicole Omphroy 1999, 2000
 Elli Overton 1998, 2000
 Emma Palsson 2003, 2004, 2005
 Sian Parry 2000
 Trina Radke 1991, 1993
 Heather Reagan 1992
 Katie Reding 1997, 1998
 Erin Reilly, 2005
 Kelly Sanders, 2005
 Jacqui Schoppe 2000
 Emily Schum 2001
 Anna Simcic 1995
 Amy Simpson 1999, 2000
 Staciana Stitts 2001, 2002, 2003
 Lisa Summers 1991, 1992, 1993
 Kate Tiedeman, 2005
 Amy Vastine 1997
 Alicia Walker 1991
 Katie Welch 1991, 1992
 Jamie Westoby 2001
 Kyoko Yokouchi 2002



NATIONAL TEAM FINISHES

<i>Year</i>	<i>Nat'l Finish</i>	<i>Conference Finish</i>	<i>Dual Record</i>	<i>Coach</i>
1978-79	23rd	AIAW	2nd Nor-Cal	6-2 Karen Moe Thornton
1979-80	10th	AIAW	2nd Nor-Cal	5-4 Karen Moe Thornton
1980-81	10th	AIAW	1st Nor-Cal	6-4 Karen Moe Thornton
1981-82	4th	AIAW	2nd Nor-Cal	5-3 Karen Moe Thornton
1982-83	12th	NCAA	1st Nor-Pac	5-6 Karen Moe Thornton
1983-84	12th	NCAA	1st Nor-Pac	5-5 Karen Moe Thornton
1984-85	4th	NCAA	1st Nor-Pac	7-3 Karen Moe Thornton
1985-86	4th	NCAA	1st Nor-Pac	7-2 Karen Moe Thornton
1986-87	4th	NCAA	5th Pac-10	8-2-1 Karen Moe Thornton
1987-88	4th	NCAA	2nd Pac-10	8-2 Karen Moe Thornton
1988-89	5th	NCAA	2nd Pac-10	6-3 Karen Moe Thornton
1989-90	4th	NCAA	2nd Pac-10	7-3 Karen Moe Thornton
1990-91	4th	NCAA	2nd Pac-10	8-1 Karen Moe Thornton
1991-92	11th	NCAA	4th Pac-10	6-3 Karen Moe Thornton
1992-93	15th	NCAA	3rd Pac-10	6-3 Teri McKeever
1993-94	21st	NCAA	5th Pac-10	6-6 Teri McKeever
1994-95	28th	NCAA	6th Pac-10	7-7 Teri McKeever
1995-96	17th	NCAA	5th Pac-10	9-5 Teri McKeever
1996-97	9th	NCAA	4th Pac-10	13-4 Teri McKeever
1997-98	8th	NCAA	4th Pac-10	12-2 Teri McKeever
1998-99	5th	NCAA	3rd Pac-10	11-3 Teri McKeever
1999-00	4th	NCAA	3rd Pac-10	8-2 Teri McKeever
2000-01	7th	NCAA	5th Pac-10	6-3 Teri McKeever
2001-02	8th	NCAA	4th Pac-10	7-2 Teri McKeever
2002-03	8th	NCAA	5th Pac-10	8-3 Teri McKeever
2003-04	6th	NCAA	4th Pac-10	9-0 Teri McKeever
2004-05	8th	NCAA	3rd Pac-10	9-2 Teri McKeever

27 years

Five titles

200-85-1

KAREN MOE HUMPHREYS

Karen Moe Humphreys (Thornton) led the Bears from 1978-92, producing an 83-40-1 (.673) dual meet record and establishing California as one of the nation's top swimming programs. Under her leadership, the Bears won five conference titles and placed fifth or better in the NCAA Championship eight times.



PAST NCAA RESULTS

1997 (9th place - 148.0 points)

Marylyn Chiang: 100 back - 53.29, 2nd; 200 back - 1:56.30, 3rd; 200 IM - 1:58.81, 4th
Waen Minraphal: 200 fly - 2:00.48; 10th
Elli Overton: 400 IM - 4:13.06, 4th; 200 IM - 1:59.82, 6th; 200 back - 2:00.20, 14th
Chiang/Kolbisen/Omphroy/Overton: 800 free relay - 7:27.38, 7th
Chiang/Overton/Minraphal/Omphroy: 400 medley relay - 3:43.50, 10th
Chiang/Kolbisen/Minraphal/Omphroy: 400 free relay - 3:22.50, 10th
Chiang/Overton/Minraphal/Omphroy: 200 medley relay - 1:43.94, 12th

1998 (8th place - 237.0 points)

Elli Overton: 200 fly - 1:57.73, 2nd; 200 IM - 1:58.38, 2nd; 400 IM - 4:15.60, 6th
Marylyn Chiang: 100 back - 53.59, 3rd; 200 IM - 1:58.95, 4th; 200 back - 1:58.59, 7th
Waen Minraphal: 200 fly - 1:59.14, 6th; 100 fly - 54.54, 12th
Hanna Jaltner: 100 breast - 1:02.52, 12th
Haley Cope: 100 back - 55.82, 16th
Adrienne Mattos: 50 free - 22.97, 16th
Chiang/Jaltner/Minraphal/Omphroy: 200 medley relay - 1:40.91, 5th
Chiang/Jaltner/Minraphal/Kolbisen: 400 medley relay - 3:38.83, 5th
Chiang/Cope/Kolbisen/Omphroy: 400 free relay - 3:18.98, 6th
Overton/Chiang/Omphroy/Kolbisen: 800 free relay - 7:14.15, 6th
Mattos/Cope/Kolbisen/Omphroy: 200 free relay - 1:30.96, 10th

1999 (5th place - 315.0 points)

Marylyn Chiang: 100 back - 52.36, 1st; 200 IM - 1:57.83, 2nd; 100 fly - 52.40, 3rd
Joscelin Yeo: 200 IM - 1:58.99, 5th; 100 fly - 52.83, 5th; 200 fly - 1:59.04, 5th
Haley Cope: 100 fly - 53.28, 6th; 100 back - 54.20, 10th; 200 back - 1:58.80
Waen Minraphal: 400 IM - 4:17.19, 7th; 200 fly - 1:58.58, 11th
Lisa Murray: 1650 free - 16:25.84, 9th
Anyia Kolbisen: 100 free - 49.85, 11th; 200 free - 1:51.76, 16th
Nicole Omphroy: 100 free - 50.02, 13th
Alice Henriques: 200 back - 2:00.05, 15th
Chiang/Cope/Kolbisen/Yeo: 400 free relay - 3:16.56, 2nd
Cope/Yeo/Chiang/Mattos: 200 medley relay - 1:39.76, 3rd
Yeo/Murray/Kolbisen/Omphroy: 800 free relay - 7:14.33, 4th
Chiang/Jaltner/Yeo/Kolbisen: 400 medley relay - 3:37.48, 4th
Kolbisen/Chiang/Mattos/Omphroy: 200 free relay - 1:30.69, 5th

2000 (4th place - 311.5 points)

Staciana Stitts: 100-meter breast - 1:06.79, 2nd; 200-meter breast - 2:25.02, 3rd
Haley Cope: 100-meter back - 59.17, 2nd; 100-meter fly - 59.70, 6th
Elli Overton: 200-meter IM - 2:10.74, 2nd; 200-meter breast - 2:27.88, 5th; 400-meter IM - 4:40.88, 6th
Joscelin Yeo: 100-meter fly - 58.82, 3rd; 200-meter IM - 2:13.09, 5th; 200-meter fly - 2:12.45, 7th
Alice Henriques: 200-meter back - 2:12.21, 13th
Waen Minraphal: 100-meter fly - 1:01.61, 14th
Cope/Stitts/Minraphal/Yeo: 200-meter medley relay - 1:49.23, 1st
Kolbisen/Cope/Omphroy/Yeo: 200-meter free relay - 1:40.18, 1st
Cope/Stitts/Yeo/Omphroy: 400-meter medley relay - 3:58.62, 3rd
Kolbisen/Cope/Omphroy/Yeo: 400-meter free relay - 3:39.88, 4th
Kolbisen/Omphroy/Murray/Overton: 800-meter free relay - 8:08.97, 10th

2001 (7th place - 248 points)

Natalie Coughlin: 100 fly - 51.18, 1st; 100 back - 51.23, 1st; 200 back - 1:51.02, 1st
Haley Cope: 50 free - 22.34, 2nd; 100 back - 53.06, 3rd; 100 free - 49.34, 7th
Staciana Stitts: 100 breast - 1:02.14, 11th
Kyoko Yokouchi: 400 IM - 4:19.48, 14th
Harper/Coughlin/Mattos/Cope: 200 free relay - 1:30.05, 2nd
Cope/Stitts/Coughlin/Becks: 400 medley relay - 3:34.83, 2nd
Cope/Stitts/Coughlin/Harper: 200 medley relay - 1:38.44, 2nd
Becks/Coughlin/Harper/Cope: 400 free relay - 3:19.14, 5th
Griffith/Becks/Yokouchi/Henriques: 800 free relay - 7:25.49, 14th

2002 (8th place - 245 points)

Natalie Coughlin: 100 fly - 50.01, 1st; 100 back - 49.97, 1st; 200 back - 1:49.52, 1st
Alice Henriques: 200 back - 1:56.32, 6th; 100 back - 54.84, 13th
Staciana Stitts: 100 breast - 1:00.40, 4th
Kyoko Yokouchi: 400 IM - 4:16.32, 14th
Coughlin/Becks/Harper/Stitts: 200 free relay - 1:30.13, 4th
Harper/Coughlin/Becks/Stitts: 400 free relay - 3:17.52, 5th
Becks/Whitney/Medina/Burden: 800 free relay - 7:16.08, 9th
Coughlin/Stitts/Henriques/Becks: 200 medley relay - 1:37.88, 2nd
Coughlin/Stitts/Henriques/Becks: 400 medley relay - 3:32.55, 2nd

2003 (8th place - 215 points)

Natalie Coughlin: 100 back - 50.92, 1st; 200 back - 1:50.86, 1st; 100 fly - 50.62, 1st
Helen Silver: 100 back - 54.25, 11th
Staciana Stitts: 100 breast - 1:00.30, 5th; 200 breast - 2:11.71, 9th
Coughlin/Becks/Rockwell/Harper: 200 free relay - 1:30.03, 4th
Coughlin/Becks/Bingaman/Harper: 400 free relay - 3:16.21, 3rd
Coughlin/Stitts/Griffith/Harper: 200 medley relay - 1:38.65, 3rd
Silver/Stitts/Coughlin/Becks: 400 medley relay - 3:34.95, 3rd

2004 (6th place 235.5 points)

Annie Babicz: 100m Breast - 1:09.12, 15th
Ashley Chandler: 200m Free - 1:57.99, 4th; 400 Free - 4:05.89, 4th
Natalie Coughlin: 100m Fly - 56.88, 1st; 100 Back - 57.51, 1st; 200 Back - 2:06.54, 3rd
Natalie Griffith: 200m IM - 2:13.80, 13th
Lauren Medina: 200m Free - 1:58.81, 11th
Erin Reilly: 200m Fly - 2:11.98, 12th; 1500 Free - 16:12.96, 14th
Helen Silver: 100m Back - 1:00.85, 11th
Coughlin, Reilly, Chandler, Medina: 800m free relay - 7:50.94, 1st
Coughlin, Becks, Burden, Medina: 400m free relay - 3:40.31, 3rd
Coughlin, Becks, Amano, Palsson: 200m free relay - 1:41.36, 7th
Silver, Babicz, Coughlin, Becks: 400m medley relay - 4:02.49, 7th
Silver, Babicz, Palsson, Becks: 200m medley relay - 1:53.42, 14th

TOP CAL STARS

HALL OF FAMERS

SARAH ANDERSON

A 21-time All-American and one of the best mid-to-long distance swimmers in Cal history, Sarah Anderson still holds school records for the 1,650-yard (16:10.33 in 1988) and 1,000-yard (9:46.08 in 1991) freestyle events—the only two freestyle categories to withstand the talents of three-time NCAA Swimmer of the Year Natalie Coughlin in school annals. During her tenure at Cal, she placed in the top three at the NCAA meet four times, finishing third in the 1650 in 1988, second in the 200 free in 1991, and third in both the 1650 free and 500 free in '91. Anderson was voted Pac-10 Swimmer of the Year in 1989, when she claimed conference crowns in the 200, 500 and 1650 freestyle races. As a senior, she also earned national and Pac-10 All-Academic honors.



MARY T. MEAGHER

Olympic gold medallist Mary T. Meagher, world record holder and a six-time NCAA champion for California, is a member of both the International Swimming Hall of Fame (inducted May 7, 1993 in Fort Lauderdale, FL) and the Cal Athletic Hall of Fame (inducted January 8, 1992).

Meagher, known at Madame Butterfly during her competitive years, was a member of the 1980, 1984 and 1988 U.S. Olympic teams. At the 1984 Games in Los Angeles, she captured gold medals in the 100-meter butterfly, the 200-meter butterfly and as a member of the 400-meter medley relay team. Her 100 and 200 fly times were both Olympic records.

In 1981, Meagher established world marks in the 200 fly (2:05.96) and the 100 fly (57.93). Her 200 fly time was rated the fifth-greatest single event performance by Sports Illustrated. She owns several of the top times in history in the 200 fly and was the first woman to swim under 2:07.

Meagher enrolled at Cal in the fall of 1982 and won NCAA championships each of her four years with the Golden Bears (She took 1984 off from school to concentrate on the Olympics.). In 1983, Meagher earned her first NCAA title in the 200-yard fly. She later won the 100 and 200 fly in 1985, the 200 fly in 1986, and the 100 and 200 fly in 1987. Meagher, who graduated in December 1987, currently holds the Cal school record in the 200 fly (1:54.52).

Meagher received the Olympia Award and was named the Kentucky Sportswoman of the Year in 1984. She also won the Honda Sports Award for swimming in 1985 and 1987 and was selected the winner of the 1987 Honda Broderick Cup, given annually to the nation's top female collegiate athlete.

Meagher was the 16th woman to be inducted into the Cal Hall of Fame.



MARYLYN CHIANG

Marylyn Chiang, the 1999 Pacific-10 Conference Swimmer of the Year, wrapped up one of the most spectacular careers in California women's swimming history in 1999 when she helped the Golden Bears to a fifth-place national finish at the NCAA Championships in Athens, GA.

Chiang captured the NCAA title in the 100 back, breaking the then-NCAA and U.S. Open record with a time of 52.36 (since topped by Natalie Coughlin's 49.97 in 2002). She became the first Cal women's swimmer to win an NCAA title since Hiroko Nagasaki won the 200 breast in 1988, and was the first Cal Pac-10 Swimmer of the Year since Sarah Anderson in 1989.

Chiang also placed second nationally in the 200 IM with a time of 1:57.83 and placed third in the 100 fly with a time of 52.40. She helped the Bears to a second-place finish in the 400 free relay (lead-off leg) which set a then-school record 3:16.56 as well.

In all, Chiang is a member of the Bears all-time Top 10 list in five events, second in 100 back, second in 100 fly, third in 200 back, fourth in 100 free, fourth in 200 IM. She was also the 1999 Pac-10 Champion in the 200 IM and 100 back, and helped lead the Bears to conference relay titles in the 200 and 400 free relays.



HALEY COPE

Haley Cope was named the 2000 Pacific-10 Conference Swimmer of the Year as a junior after leading Cal to NCAA titles in the 200-meter medley relay (then world-best 1:49.23) and 200m free relay (then U.S. Open record 1:40.18). She also set a short course world record in the 50m back (27.25) as a lead-off on the Bears 200m medley relay. Cope placed second in the nation in the 100m back (59.17) and sixth in the 100m butterfly (59.70) as well. She was a member of the Pac-10 champion 200-yard free relay (Pac-10 meet record 1:30.98), 400 medley relay (Pac-10 meet record 3:35.71) and 200 medley relay (Pac-10 meet record 1:39.27).

Cope concluded her collegiate swimming career in 2001, placing second at the NCAA Championships in the 50 free (22.34), third in the 100 back (53.06) and seventh in the 100 free (49.34). She also helped lead the Bears to national runner-up finishes in the 200 free relay (school record 1:30.05), 200 medley relay (backstroke leg, American record 1:38.44) and the 400 medley relay (backstroke leg, American record 3:34.83). At the 2001 Pac-10 Championships, Cope placed first in both the 50 (Pac-10 record 22.32) and 100 free (49.27) and helped the Bears to the conference title in the 200 free relay.

Most recently Cope won a silver medal in the 2004 Olympics as a member of the 400-meter medley relay, competing in the preliminaries of the event. Cope was joined on that relay squad by former teammate Natalie Coughlin and was coached by her former collegiate coach Teri McKeever, a U.S. assistant coach. Cope qualified for the Olympic team in the 100 backstroke, finishing second to Coughlin at the Trials. Cope finished eighth in the final of the 100-meter backstroke in Athens at 1:01.76.

In the spring of 2003, Cope won her third U.S. national title, taking the 100m back in a best time. A national team member, Cope turned in a runner-up finish in the 100m back at the Mutual of Omaha's U.S. vs. Australia "Duel in the Pool".



NATALIE COUGHLIN

CAL CAREER: 2001-04

- Won 12 NCAA titles – the second-most career titles for a women's swimmer in NCAA history.
- Went undefeated in dual meets over four years, going 61-0
- Holds 17 American, six NCAA and six current world records
- Has broken 35 individual American records and three American relay records
- Honored as a three-time NCAA Swimmer of the Year (2001, 2002, 2003) and three-time Pac-10 Swimmer of the Year (2001, 2002, 2003)
- Named 2004 Female Collegiate Athlete of the Year by *Sports Illustrated On Campus* and 2003 athlete of the Year by the Bay Area Sports Hall of Fame, alongside Cal football player Geoff McArthur and Giants baseball player Barry Bonds
- Chosen as the 2002 Female World Swimmer of the Year by *Swimming World* magazine
- One of five finalists for the AAU James E. Sullivan Award given to the nation's best amateur athlete for two consecutive seasons
- Two-time winner of the Honda Award for Swimming and Diving
- At the 2004 Olympics, Coughlin won five Olympic medals, tying for the most medals ever by a U.S. female athlete in one Games
- Olympic medals include: gold medals in the 100-meter backstroke and the 4x200-meter relay, silver medals in the 4x100-meter freestyle and medley relays and a bronze in the 100-meter freestyle
- In 2003, became the NCAA's first three-time title-winner in the 100-yard butterfly and 100 and 200-yard backstrokes. Coughlin owns the American and NCAA records in each of those events.
- Cal school record holder in the 50, 100, 200 and 500 free, 100 and 200 back, 100 and 200 fly and 200 IM. Also a member of school record-setting 200 and 400 medley 200 free and 400 free relays.



ALL-AMERICANS

Keiko Amano 2004
 Sarah Anderson 1988-91
Lauren Andrews 2005
Annie Babicz 2004, 2005
 Danielle Becks 2001-04
 Katie Bell 1992*
 Leslie Bell 1981-82
 Cheryl Anne Bingaman 2003
 Michelle Bird 1985
 Michelle Branchaud 1985-88
 Micha Burden 2002*, 2004
 Kyrsten Burr 1986-87
 Alice Cantwell 1992*
Ashley Chandler 2004, 2005
 Marylyn Chiang 1996-99
 Amy Clark 1985-88
 Sheila Conway 1993-94*
 Haley Cope 1998-01
 Natalie Coughlin 2001-04
 Ramey Dent 1982
 Talli Dent 1983*
 Megan Doberneck 1988-89
 Pippa Downes 1989*
 Krissy Drew 1987-88
 Kiersten Dunbar 1986*
 Carol Felton 1988-91
 Mitsi Fukushima 1986-88
 Kathleen Graham 1982
 Melissa Graviss 1991
 Natalie Griffith 2001*, 2003
 Leslie Grimley 1981
 Amity Hall 1994*
 Brooke Hanley 1990

Michelle Harper 2001-03
 Alice Henriques 1999-01*, 02
 Betsy Henry 1981
 Larissa Herold 1993-94, 96*
 Kristin Imwalle 1996*
 Hanna Jaltner 1998-99
 Helen Jameson 1984-86
 JoAnna Jensen 1991
 Lene Jenssen 1981
 Anya Kolbisen 1997-00
 Brigit Kress 1981
 Cheryl Kriegsmann 1986-89
 Kristin Kuhlman 1987-90
 Leslie Lonnberg 1982
 Margee MacFarland 1980-82
 Agneta Martenssen 1982-85
 Adrienne Mattos 1998-99, 01
 Jamie McClellan 1981
 Mary T. Meagher 1983, 85-87
 Lauren Medina 2002*, 2004, 2005
 Wendi Meyer 1981
 Lisa Meyers 1987-89
 Waen Minpraphal 1997-00
 Lorenza Munoz 1990-91*
 Joyce Murphy 1991-92
 Lisa Murray 1999-00
 Hiroko Nagasaki 1988
 Sonya Nimtz 1992-93
 Nicole Omphroy 1997-00
 Elli Overton 1997-98, 00
 Emma Palsson 2004
 Lisa Pereira 1985-88
 Trina Radke 1990-91, 93

Heather Reagan 1990-92
Erin Reilly 2004, 2005
 Tricia Renner 1982
 Whitney Rockwell, 2003
 Sharon Scott 1990-92
Emily Silver 2005
Helen Silver 2003-05
 Anna Simcic 1994-95
 Julie Smith 1991
 Sandy Spelman 1982
 Stacia Stitts 2000-03
 Lisa Summers 1990-93
 Akiko Thomson 1994*, 96*
 Amy Tidball 1988-91

Leann Toomey 2005
Sherry Tsai 2005
 Cindy Tuttle 1982-85
 Conny van Bentum 1985-86
Emily Verdin 2005
 Alicia Walker 1988-91
 Amy Walker 1993
 Ann Walker 1988
 Katie Welch 1989-90, 92
 Ashley Whitney 2002*
 Lynn Wittstock 1982, 84
 Kristin Winn 1989
 Joscelin Yeo 1999-00
 Kyoko Yokouchi 2001-02*

Bold denotes current Cal athlete

* denotes honorable mention All-American.

Listing includes athletes from 1976-77 through 2003-04



Mary T. Meagher (1983, 85-87) won NCAA titles in each of her four years swimming for the Golden Bears.

SERIES RECORDS

Opponent	Series	Last Mtg.	Winner	Score
Arizona	14-8	1/21/05	Ariz.	144-99
Arizona State	13-10-1	1/22/05	Cal	176-118
Auburn	1-0	10/20/98	Cal	184-78
Brigham Young	4-0	11/20/98	Cal	162-134
British Columbia	1-0	10/2/04	Cal	128-17
Brown	1-0	1/18/84	Cal	76-64
CS Hayward	4-0	12/9/78	Cal	81-60
CS Northridge	1-0	11/9/91	Cal	93-20
Calgary	2-0	1/8/82	Cal	61-33
Cal Poly SLO	1-0	12/18/86	Cal	126-58
Chico State	2-0	1/29/77	Cal	86-59
Clemson	1-0	11/2/02	Cal	171-107
Colorado State	2-0	1/11/85	Cal	forfeit
Fresno State	21-1	11/15/03	Cal	166-100
Florida State	1-0	10/22/04	Cal	147-126
Georgia	0-3	11/1/02	UGA	163-129
Harvard	1-0	12/15/94	Cal	163-135
Humboldt State	2-0	11/16/74	Cal	95-69
Illinois	1-0	11/4/95	Cal	237.5-102.5
Long Beach State	2-0	1/12/84	Cal	110-29
Michigan	2-1	1/12/97	Cal	170-130
Nevada	7-2	11/19/99	Cal	168.5-127.5
Ohio State	1-0	12/13/86	Cal	63-33
Oregon State	6-0	11/5/04	Cal	147.5-111.5

Pacific	22-2	11/13/04	Cal	155.5-98.5
Penn State	0-1	11/4/95	PSU	182-165
Pepperdine	1-0	11/8/98	Cal	180.5-117.5
Rice	2-0	11/17/02	Cal	146-105
Sacramento State	3-0	2/1/79	Cal	88-43
San Diego State	4-0	1/7/98	Cal	105-76
San Francisco St	4-0	1/27/79	Cal	108-38
San Jose State	23-1	11/12/04	Cal	162-108
Santa Clara	1-0	11/17/76	Cal	118-20
South Carolina	1-0	11/4/00	Cal	135-122
Southern Illinois	0-1	1/14/83	SIU	92-57
Stanford	3-29	2/12/05	Stanford	172-128
Tennessee	0-1	10/20/94	UT	178-122
Texas	2-6	10/16/99	Cal	198-102
Texas A&M	1-0	11/15/97	Cal	177-121
UC Davis	13-1	11/12/94	Cal	177-112
UC Irvine	2-0	12/17/86	Cal	99-14
UCLA	14-10	1/29/05	Cal	161-139
UC San Diego	2-0	1/8/93	Cal	85-42
UC Santa Barbara	6-1	1/5/96	Cal	136.5-67.5
UNLV	2-0	1/10/99	Cal	181-117
USC	15-11	1/28/05	Cal	175.5-124.5
Villanova	1-0	1/13/96	Cal	195-67
Washington	3-1	10/1/04	Cal	141-116
Washington St	6-0	10/18/03	Cal	170.5-86.5



RECORDS AT A GLANCE

50 FREESTYLE

NCAA Record: 21.69, Maritza Correia (Georgia), 2002
Pac-10: 22.01, Natalie Coughlin, 2003/Catherine Fox (Stanford), 1997
California: 22.01, Natalie Coughlin, 2003
Cal Dual Meet: 23.06, Haley Cope, 2001
Spieker Pool: 23.17, Sara Platzer (UCLA), 2001
2006 NCAA Qualifying Mark: 22.88

100 FREESTYLE

NCAA Record: 47.00, Natalie Coughlin, 2003
Pac-10: 47.00, Natalie Coughlin, 2003
California: 47.00, Natalie Coughlin, 2003
Cal Dual Meet: 48.65, Natalie Coughlin, 2003
Spieker Pool: 48.65, Natalie Coughlin, 2003
2006 NCAA Qualifying Mark: 49.49

200 FREESTYLE

NCAA Record: 1:42.65, Natalie Coughlin, 2002
Pac-10: 1:42.65, Natalie Coughlin, 2002
California: 1:42.65, Natalie Coughlin, 2002
Cal Dual Meet: 1:46.93, Natalie Coughlin, 2001
Spieker Pool: 1:46.92, Stephanie Williams (Georgia), 2001
2006 NCAA Qualifying Mark: 1:47.09

500 FREESTYLE

NCAA Record: 4:34.39, Janet Evans (Stanford), 1990
Pac-10: 4:34.39, Janet Evans (Stanford), 1990
California: 4:37.62, Natalie Coughlin, 2003
Cal Dual Meet: 4:44.61, Natalie Coughlin, 2002
Spieker Pool: 4:44.61, Natalie Coughlin, 2002
2006 NCAA Qualifying Mark: 4:45.46

1650 FREESTYLE

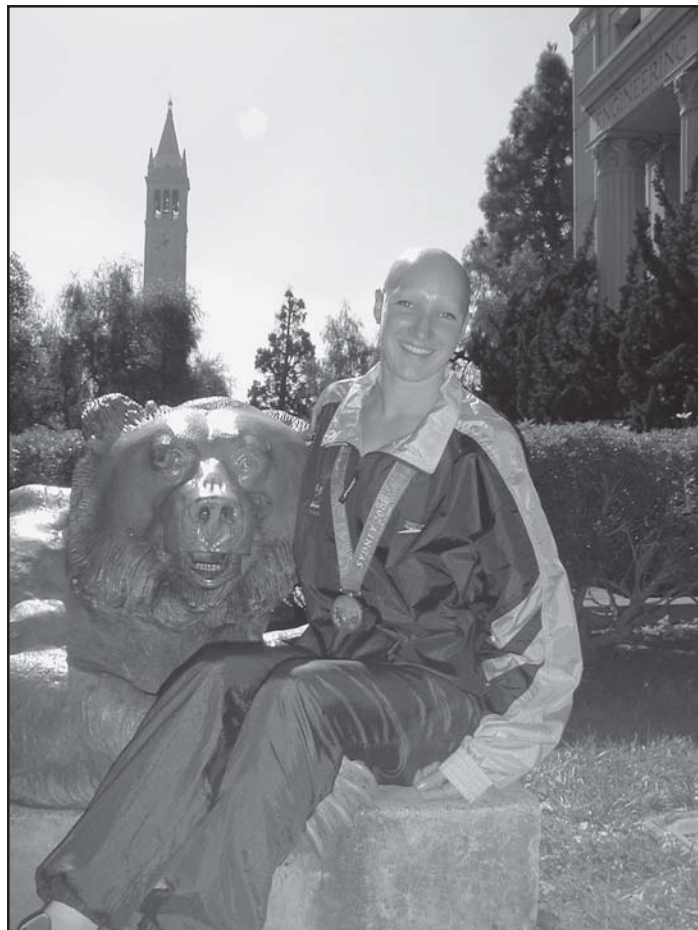
NCAA Record: 15:39.14, Janet Evans (Stanford), 1990
Pac-10: 15:39.14, Janet Evans (Stanford), 1990
California: 16:10.33, Sarah Anderson, 1988
Cal Dual Meet: 16:36.91, Cheryl Kriegsman, 1987
Spieker Pool: 16:25.31, Andrea Hayes (Texas), 1990
2006 NCAA Qualifying Mark: 16:23.54

100 BACKSTROKE

NCAA Record: 49.97, Natalie Coughlin, 2002
Pac-10: 49.97, Natalie Coughlin, 2002
California: 49.97, Natalie Coughlin, 2002
Cal Dual Meet: 52.22, Natalie Coughlin, 2003
Spieker Pool: 52.22, Natalie Coughlin, 2003
2006 NCAA Qualifying Mark: 54.47

200 BACKSTROKE

NCAA Record: 1:49.52, Natalie Coughlin, 2002
Pac-10: 1:49.52, Natalie Coughlin, 2002
California: 1:49.52, Natalie Coughlin, 2002
Cal Dual Meet: 1:57.02, Natalie Coughlin, 2001
Spieker Pool: 1:57.02, Natalie Coughlin, 2001
2006 NCAA Qualifying Mark: 1:58.24



Former Golden Bear Staciana Stitts won a gold medal at the 2000 Sydney Olympics as a member of the United States' 400m medley relay team (breaststroke leg).

100 BREASTSTROKE

NCAA Record: 58.41, Tara Kirk (Stanford), 2003
Pac-10: 58.41, Tara Kirk (Stanford), 2003
California: 1:00.30, Staciana Stitts, 2000
Cal Dual Meet: 1:00.51, Staciana Stitts, 2002
Spieker Pool: 59.51, Tara Kirk (Stanford), 2001
2006 NCAA Qualifying Mark: 1:01.70

200 BREASTSTROKE

NCAA Record: 2:07.36, Tara Kirk (Stanford), 2004
Pac-10: 2:07.36, Tara Kirk (Stanford), 2004
California: 2:11.34, Staciana Stitts, 2000
Cal Dual Meet: 2:11.90, Staciana Stitts, 2002
Spieker Pool: 2:11.01, Tara Kirk (Stanford), 2003
2006 NCAA Qualifying Mark: 2:13.65

100 BUTTERFLY

NCAA Record: 50.01, Natalie Coughlin, 2002
Pac-10: 50.01, Natalie Coughlin, 2002
California: 50.01, Natalie Coughlin, 2002
Cal Dual Meet: 51.88, Natalie Coughlin, 2003
Spieker Pool: 51.88, Natalie Coughlin, 2003
2006 NCAA Qualifying Mark: 53.75



Marylyn Chiang was the 1999 Pac-10 Swimmer of the Year after winning the NCAA title in the 100 back, breaking the NCAA and U.S. Open record with a time of 52.36.

200 BUTTERFLY

NCAA Record: 1:51.91, Natalie Coughlin, 2002
Pac-10: 1:51.91, Natalie Coughlin, 2002
California: 1:51.91, Natalie Coughlin, 2002
Cal Dual Meet: 1:55.03, Natalie Coughlin, 2003
Spieker Pool: 1:55.03, Natalie Coughlin, 2003
2006 NCAA Qualifying Mark: 1:58.11

200 INDIVIDUAL MEDLEY

NCAA Record: 1:53.91, Maggie Bowen (Auburn), 2002
Pac-10: 1:54.95, Natalie Coughlin, 2004
California: 1:54.95, Natalie Coughlin, 2004
Cal Dual Meet: 1:57.54, Natalie Coughlin, 2002
Spieker Pool: 1:57.54, Natalie Coughlin, 2002
2006 NCAA Qualifying Mark: 2:00.52

400 INDIVIDUAL MEDLEY

NCAA Record: 4:02.28, Summer Sanders (Stanford), 1992
Pac-10: 4:02.28, Summer Sanders (Stanford), 1992
California: 4:11.52, Elli Overton, 2000
Cal Dual Meet: 4:16.11, Elli Overton, 2000
Spieker Pool: 4:15.28, Katie Yevek (Georgia) 2001
2006 NCAA Qualifying Mark: 4:15.63

200 MEDLEY RELAY

NCAA Record: 1:36.69, Auburn (Anderson, Swander, Hoelzer, Short), 2003
Pac-10: 1:37.77, Stanford (Ripple, Leatherwood, Hyman, Rose), 1999
California: 1:37.88, (Coughlin, Stitts, Henriques, Becks), 2002
Cal Dual Meet: 1:41.50, California (Coughlin, Stitts, Griffith, Harper), 2003
Spieker Pool: 1:41.50, California (Coughlin, Stitts, Griffith, Harper), 2003
2006 NCAA Qualifying Mark: 1:39.75

400 MEDLEY RELAY

NCAA Record: 3:31.45, Auburn (Coventry, Bowen, Hoelzer, Short), 2003
Pac-10: 3:31.74, Stanford (Wagner, Kirk, Ripple, Boutwell), 2002
California: 3:32.55 (Coughlin, Stitts, Henriques, Becks), 2002
Cal Dual Meet: 3:39.86 (Silver, Stitts, Coughlin, Becks), 2003
Spieker Pool: 3:39.86, California (Silver, Stitts, Coughlin, Becks), 2003
2006 NCAA Qualifying Mark: 3:38.02

200 FREE RELAY

NCAA Record: 1:28.10, Georgia (Joyce, Kearns, Georoff, Weir), 2005
Pac-10: 1:29.16, Arizona (Hosack, Kolbisen, Knapp, Farella), 1998
California: 1:30.03 (Coughlin, Becks, Rockwell, Harper), 2003
Cal Dual Meet: 1:33.04 (Kolbisen, Cope, Omphroy, Yeo), 2000
Spieker Pool: 1:33.04, California (Kolbisen, Cope, Omphroy, Yeo), 2000
2006 NCAA Qualifying Mark: 1:31.01

400 FREE RELAY

NCAA Record: 3:13.47, Georgia (Weir, Kearns, DeScenza, Joyce), 2005
Pac-10: 3:15.69, Stanford (Edwards, Loveless, Jorgensen, Thompson), 1993
California: 3:16.21 (Coughlin, Becks, Bingaman, Harper), 2003
Cal Dual Meet: 3:19.75 (Kolbisen, Yeo, Omphroy, Chiang), 1999
Spieker Pool: 3:19.75, California (Kolbisen, Yeo, Omphroy, Chiang), 1999
2006 NCAA Qualifying Mark: 3:18.95

800 FREE RELAY

NCAA Record: 7:00.25, Florida (Farrell, Burckle, Uhle, Retrum), 2005
Pac-10: 7:04.06, Stanford (Kraemer, Loveless, Jorgensen, Thompson), 1992
California: 7:07.87 (**E. Silver, Reilly, Chandler, Medina**) 7:07.87
Cal Dual Meet: 7:32.70 (Kolbisen, Omphroy, Minpraphal, Overton), 1997
Spieker Pool: 7:23.95, Texas (Cooper, Dutcher, Hayes, Arris), 1990
2006 NCAA Qualifying Mark: 7:11.65

***Bold** denotes current Cal athlete*



Amy Ng and Natalie Griffith celebrate after the 2004 Stanford meet.

CAL'S ALL-TIME TOP 10

50-YARD FREESTYLE

Natalie Coughlin	22.01	2003
Haley Cope	22.32	2001
Emily Silver	22.65	2005
Adrienne Mattos	22.76	1998
Anya Kolbisen	23.01	1999
Michelle Harper	23.03	2003
Danielle Becks	23.04	2002
Nicole Omphroy	23.04	1999
Whitney Rockwell	23.10	2003
Conny van Bentum	23.15	1986

100-YARD FREESTYLE

Natalie Coughlin	47.00	2003
Emily Silver	48.72	2005
Haley Cope	49.27	2001
Joscelin Yeo	49.54	2000
Marylyn Chiang	49.58	1998
Conny van Bentum	49.63	1986
Nicole Omphroy	49.81	1999
Anya Kolbisen	49.82	1999
Lauren Medina	49.84	2005
Danielle Becks	49.96	2002

200-YARD FREESTYLE

Natalie Coughlin	1:42.65	2003
Sarah Anderson	1:45.83	1991
Lauren Medina	1:46.28	2005
Conny van Bentum	1:46.35	1986
Mary T. Meagher	1:46.56	1987
Erin Reilly	1:46.61	2005
Emily Silver	1:46.71	2005
Ashley Chandler	1:46.93	2004
Lisa Meyers	1:47.20	1987
Danielle Becks	1:47.22	2002

500-YARD FREESTYLE

Natalie Coughlin	4:37.62	2003
Lisa Meyers	4:41.12	1987
Sarah Anderson	4:41.51	1991
Ashley Chandler	4:41.65	2005
Cheryl Kriegsman	4:41.87	1987
Erin Reilly	4:43.28	2004
Heather Reagan	4:45.63	1990
Lisa Summers	4:46.37	1990
Lauren Medina	4:46.52	2005
Ashley Whitney	4:46.77	2002

1000-YARD FREESTYLE

Sarah Anderson	9:46.08	1991
Ashley Chandler	9:47.78	2004
Cheryl Kriegsman	9:50.60	1987
Katie Welch	9:52.20	1990
Lisa Murray	9:53.16	1999
Erin Reilly	9:53.75	2004
Lisa Meyers	9:54.72	1988
Natalie Coughlin	9:55.25	2003
Kate Tiedeman	9:56.01	2004
Sonya Nimitz	9:57.23	1993



Haley Cope



Lisa Meyers



Sarah Anderson



Natalie Coughlin



Staciana Stitts

Bold denotes current Cal athlete

1650-YARD FREESTYLE

Sarah Anderson	16:10.33	1988
Ashley Chandler	16:13.64	2004
Cheryl Kriegsman	16:14.50	1987
Lisa Meyers	16:20.23	1988
Katie Welch	16:22.77	1990
Lisa Murray	16:24.60	1999
Erin Reilly	16:25.95	2005
Ashley Whitney	16:26.81	2002
Kate Tiedeman	16:27.32	2004
Kristin Imwalle	16:31.82	1996

100-YARD BACKSTROKE

Natalie Coughlin	49.97	2002
Marylyn Chiang	52.36	1999
Haley Cope	53.06	2001
Alice Henriques	54.18	2002
Helen Silver	54.25	2003
Sherry Tsai	54.75	2005
Emily Verdin	55.13	2005
Akiko Thomson	55.27	1994
Anna Simcic	55.34	1994
Elli Overton	55.41	1997

200-YARD BACKSTROKE

Natalie Coughlin	1:49.52	2002
Helen Silver	1:55.88	2005
Anna Simcic	1:56.24	1995
Marylyn Chiang	1:56.30	1997
Alice Henriques	1:56.32	2002
Kyoko Yokouchi	1:57.14	2002
Larissa Herold	1:57.20	1993
Emily Verdin	1:57.25	2005
Akiko Thomson	1:58.53	1994
Haley Cope	1:58.80	1999

100-YARD BREASTSTROKE

Staciana Stitts	1:00.30	2003
Annie Babicz	1:01.12	2005
Hiroko Nagasaki	1:01.98	1988
Hanna Jaltner	1:02.52	1998
Genevieve Patterson	1:02.54	2005
Erin Calder	1:02.84	2004
Elli Overton	1:02.95	2000
Megan Doberneck	1:03.75	1988
Cindy Tuttle	1:03.76	1985
Brooke Hanley	1:03.82	1990

200-YARD BREASTSTROKE

Staciana Stitts	2:11.34	2000
Hiroko Nagasaki	2:11.65	1988
Elli Overton	2:14.64	2004
Joscelin Yeo	2:14.97	1999
Annie Babicz	2:15.00	2005
Amy Clark	2:16.72	1987
Cindy Tuttle	2:16.98	1985
Rita Mariani	2:17.03	2001
Genevieve Patterson	2:17.21	2005
Hanna Jaltner	2:17.66	1999

100-YARD BUTTERFLY

Natalie Coughlin	50.01	2002
Marylyn Chiang	52.40	1999
Mary T. Meagher	52.42	1987
Joscelin Yeo	52.83	1999
Haley Cope	53.28	1999
Conny van Bentum	54.01	1986
Michelle Branchaud	54.06	1987
Amy Simpson	54.37	2005
Waen Minpraphal	54.37	2000
Leann Toomey	54.37	2005

200-YARD BUTTERFLY

Natalie Coughlin	1:51.91	2003
Mary T. Meagher	1:54.52	1986
Joscelin Yeo	1:57.27	1999
Elli Overton	1:57.64	1998
Trina Radke	1:58.08	1991
Erin Reilly	1:58.11	2004
Waen Minpraphal	1:58.57	1998
Natalie Griffith	1:59.92	2004
Rachel Ridgeway	2:00.16	2005
Stephanie Hermann	2:00.66	2000

200-YARD INDIVIDUAL MEDLEY

Natalie Coughlin	1:54.95	2004
Joscelin Yeo	1:57.14	2000
Elli Overton	1:57.37	2000
Marylyn Chiang	1:57.83	1999
Helen Silver	1:59.93	2005
Natalie Griffith	2:00.07	2004
Waen Minpraphal	2:00.35	1998
Staciana Stitts	2:00.42	2000
Lisa Summers	2:00.56	1992
Kyoko Yokouchi	2:01.29	2002

400-YARD INDIVIDUAL MEDLEY

Elli Overton	4:11.52	2000
Natalie Coughlin	4:11.76	2003
Waen Minpraphal	4:13.78	1999
Kyoko Yokouchi	4:14.93	2002
Carol Felton	4:15.02	1990
Natalie Griffith	4:15.54	2004
Larissa Herold	4:16.83	1994
Lisa Meyers	4:18.12	1987
Amy Ng	4:18.18	2002
Katie Welch	4:18.38	1990



Mary T. Meagher



Elli Overton



Marylyn Chiang



Melissa Graviss

200 MEDLEY RELAY

Natalie Coughlin, Staciana Stitts, Alice
Henriques, Danielle Becks 1:37.88, 2002

400 MEDLEY RELAY

Natalie Coughlin, Staciana Stitts, Alice
Henriques, Danielle Becks 3:32.55, 2002

200 FREE RELAY

Natalie Coughlin, Danielle Becks, Whitney
Rockwell, Michelle Harper 1:30.03, 2003

400 FREE RELAY

Natalie Coughlin, Danielle Becks, Cheryl
Anne Bingaman, Michelle Harper
..... 3:16.21, 2003

800 FREESTYLE RELAY

**Emily Silver, Erin Reilly, Ashley
Chandler, Lauren Medina** 7:07.87, 2005

ONE-METER DIVING-DUAL

Melissa Graviss	288.13	1990
Jill Campbell	275.35	1989
Alyson Belcher	271.875	1986
Melissa Turk	269.40	1992
Elizabeth McDowell	268.85	1990

ONE-METER DIVING- CHAMPIONSHIP

Melissa Graviss	432.60	1992
Pia Wong	425.855	1985
Alyson Belcher	420.40	1986
Melissa Graviss	419.65	1989
Jill Pearson	417.70	1986

3-METER DIVING-DUAL

Melissa Graviss	432.60	1992
Alyson Belcher	305.25	1986
Jill Campbell	293.55	1989
Pia Wong	283.50	1986
Cathy Szalay	277.25	1981

3-METER DIVING- CHAMPIONSHIP

Melissa Graviss	471.65	1991
Cathy Szalay	466.85	1984
Alyson Belcher	431.25	1986
Jill Campbell	420.20	1991
Pia Wong	418.455	1985

PLATFORM DIVING- CHAMPIONSHIP

Jill Campbell	360.30	1990
Bobbi Hamilton	274.15	1997

***Bold** denotes current Cal athlete*



ALL-TIME CALIFORNIA ROSTER

Katie Aldworth 1996-99
Shannon Alexander 1981
Joan Allen 1983
Lynn Almlı 1993-94
Jan Altman 1977
Keiko Amano 2002-2005
Heather Anderson 1978
Katy Anderson 1993-96
Kim Anderson 1980-82
Marti Anderson 1981-82
Sally Anderson 1974-75
Sarah Anderson 1988-91
Lauren Andrade 1991-92
Lauren Andrews 2005-
Regina Arnold 1981-82
Lisa Arrighi 1978-80
Annie Babicz 2004-
Carol Badger 1979
Sylvia Bailey 1978
Christine Balbo 1988
Katy Banks 2005-
Shauna Barnard 2001
Michele Bassi 1974
Danielle Becks 2001-04
Kristy Begin 2000-01
Alyson Belcher 1986-89
Katie Bell 1991-94
Leslie Bell 1981-82
Beth Benson 1982
Julia Bergman 1982-83
Caroline Bethke 1983-86
Mary Lee Bent 1974-76
Cheryl Anne Bingham 2003-04
Karen Bird 1982
Michelle Bird 1985-86
Jenny Bissell 1991-92
Elizabeth Black 1974-76
Alyson Brawski 2002-04
Jeannette Bramhall 1978, 80
Michelle Branchaud 1985-88
Jenni Brelsford 1997-00
Twila Bridgewater 1980-81
Helga Brown 1983-86
Liv Brown 1994-95
Micha Burden 2002-04
Kristin Burke 1985
Kristina Burow 1993-96
Kyrsten Burr 1986-87
Loni Burton 1999-00
Michelle Burton 1989-92
Carol Busch 1980-81
Erin Calder 2002-2005
Alice Campbell 1980
Jill Campbell 1989-92
Kristin Cancilla 1995
Kathi Candelaria 1982
Alice Cantwell 1991-94
Tara Capsuto 2004-
Linda Marie Carney 1984
Brandy Carson 1995, 99
Anitra Cassas 1988-89
Ashley Chandler 2003-
Hui-Chen Chang 1989-92
Lisa Chang 1986
Maya Charles 1996-97
Kim Chen 1986-89
Megan Chen 1992-95
Marylyn Chiang 1996-99
Amy Clark 1985-88
Shannon Clark 1985
Liz Clayton 1978
Cheryl Closson 1974
Michele Co 1988
Christine Coates 1976
Logan Conway 1985
Sheila Conway 1992-95
Haley Cope 1998-01
Mary Copeland 1974
Jessica Cotton 2005-
Natalie Coughlin 2001-04
Maria Crean 1980

Lisa Criswell 1979
Kelly Croft 1987-88
Cathy Cunha 1977
Pamela Davis 1982
Ramey Dent 1982-85
Talli Dent 1983-84
Michelle dePfyffer 1984
Margo Diamond 1997
Marjorie Diegart 1987-88
Megan Doberneck 1987-90
Pippa Downes 1989-92
Jennie Doyle 1991-92
Julia Dragolovich 1976
Krissey Drew 1986-89
Mary Pat Douglass 1984
Kiersten Dunbar 1986-87
Courtney Duncan 1998
Suzanne Edgar 1979
Laura Ellison 1992-94
Charlene Emmrich 1979
Laura Falvey 1979
Carol Felton 1988-91
Cissy Fenton 1982-83
Connie Fenton 1975
Andi Finlay 1999, 01
Christina Flynn 2000-03
Darragh Flynn 1974
Anne Forster 1984-86
Kip Freytag 1985
Missy Frost 1987
Lisa Fuller 1978
Mitsi Fukushima 1985-88
Christine Galbavy 2002
Laura Gallagher 1983
Jan Garfinkle 1977
Ann Garland 1980-81
Janice Gillies 1977-80
Christina Giovan 1997-99
Olga Gishizky 1974
Roxanne Goddard 1975
Amy Gosling 1991-92
Louise Gouin 1988-89
Susan Gravenkemper 1984-85
Melissa Graviss 1989-92
Karie Gray 1995
Candy Green 1977
Dayna Green 1985
Kathleen Graham 1981-83
Laura Griffin 1978
Natalie Griffith 2001-04
Leslie Grimley 1981-83
Nancy Guerrero 1978
Janet Gulbransen 1976-77
Amity Hall 1991-94
Lisa Hall 1978
Bobbi Hamilton 1997
Brooke Hanley 1990
Jeanne Hanson 1980
Rita Happe 1976-77
Michelle Harper 2000-03
Kasey Harris 1999
Pat Harwell 1978
Chelsea Hastings 2001
Janet Hauer 1987-90
Alice Henriques 1999-02
Betsy Henry 1978-81
Larissa Herold 1993-96
Stephanie Hermann 1997-00
Hilary Higdon 1987
Cynthia Hinshaw 1988-91
Stacy Hicks 1981-82
Amy Hlavaz 1997-00
Mindy Hollister 1996-98
Cindy Howard-Gibbon 1977
Hilary Hubbard 1988-89
Michelle Huggins 1978
Anne Illgen 1994-95
Kristin Imwalle 1996-99
Elizabeth Jake 1974-75
Hanna Jaltner 1998-00
Helen Jameson 1984-86

Andrea Jani 1995-96
Jan Jensen 1979
JoAnna Jensen 1991
Lene Jenssen 1981
Erin Jesfield 1995-98
Steph Jeung 1977-79
Denise Johns 1977
Carrie Johnson 1995-96
Giana Johnson 1996-97
Katherine Judson 1977
Susan Kahn 1976-77
Mary Jane Kaiser 1977
Jayne Kanishak 1994-95
Diane Kawakami 1979
Lorraine Kelleher 1975-78
Sarah Kendig 1984-87
Susan Kigawa 1981
Liah Kim 2000-01
Diane King 1978
Kristen Kircher 1974
Terri Kirschbaum 1978-79
Jennifer Klemme 2002
Ann Knipstein 1988
Kristi Knoblauch 1977
Anyia Kolbisen 1997-00
Flora Kong 2003-04
Lila Korpell 2004-05
Eileen Kramer 1974
Brigit Kress 1979-81
Cheryl Kriegsmann 1986-89
Debbie Kuehne 1977-78
Kristin Kuhlman 1987-90
Kristen Kurher 1975
Lydia Lambert 1983-84
Sherri Laudenslager 1981-84
Lindsay Leaver 2000-01
Jackie LeBreck 1985-86
Beth Lee 1979
Pam Lee 1977
Beth Lemon 1987-89
Edwina Lerner 1989-90
Kathy Liniecki 1983
Sandra Linke 1987
Dena Lofthus 1997-00
Kathy Long 1988-89
Leslie Lonnberg 1982-85
Katie Lowes 1997-00
Alexis Ludwig 1988
Deborah Lyle 1974-75
Laurel Lynch 1986-87
Margee MacFarland 1980-83
Cory Mackie 1982
Agneta Martenssen 1982-85
Wendy Martin 1995-96
Karen Martinez 1981
Lisa Martinovich 1974-75
Adrienne Mattos 1998-99, 01
Katherine McAdoo 2001
Jamie McClellan 1981-82
Elizabeth McDowell 1990-94
Johnene McKim 1990-91
Mary T. Meagher 1983, 85-87
Lauren Medina 2002-2005
Gina Merlone 2003-05
Kim Merritt 1991
Kirsten Metzger 1993
Wendy Meyer 1981-82
Lisa Meyers 1987-90
Elizabeth Michiels 1995
Cori Miller 1996
Marcelle Miller 2002-2005
Margaret Miller 1974
Marianne Milliken 1984
Waen Minpraphal 1997-00
Katherine Mitchell 2001-02
Adrienne Modafferi 1988
Jennifer Mohle 1985
Leah Monroe 2002-03
Lisa Morelli 2002-2005
Deborah Morris 1975
Vicky Morter 1974-75

Lorenza Munoz 1990-92
Cheryl Murphy 1996-99
Joyce Murphy 1991-94
Lisa Murray 1999-00
Hiroko Nagasaki 1988
Amy Ng 2002-2005
Joyce Ng 1977
Sonya Nimtz 1992-94
Karla Nisley 1974-77
Dolores Nowell 1974
Jenny Nute 1980-81
Carol O'Brien 1975-76
Wendy O'Brien 1997
Nicole Omphroy 1997-00
Catherine O'Neal 2004-
Megan O'Scannlain 1990-92
Cindy Ostberg 1982
Karen Ouellette 1979
Elli Overton 1997-00
Rebecca Owings 1981-82
Emma Palsson 2002-2005
Alison Pappe 1981
Michelle Pappe 1981
Barbara Padovan 1974
Sian Parry 1999-00
Donna Passanisi 1983
Jane Patocchi 1976-77
Genevieve Patterson 2005-
Kathy Payne 1975
Jill Pearson 1985-86
Mary Pender 1992-94
Lisa Pereira 1985-88
Lisa Pezzani 1990-91
Kara Piantidosi 1992-94
Susanne Pizskin 1986-87
Emily Platt 1974
Dale Polowski 1979
Jenifer Porter 1983
Holly Powell 1992-93
Elizabeth Prescott 1981
Joanne Rackham 1977
Trina Radke 1990-91, 93
Madeline Radkey 1974
Jenna Rais 2002-
Heather Reagan 1989-92
Katie Reding 1995-98
Michelle Reed 1991-94
Liz Rehrmann 1997-98
Erin Reilly 2004-
Tricia Renner 1982-84
Michelle Reysa 1991-93
Rachel Ridgeway 2005-
Jennifer Riggs 2000
Erin Roberts 1974-75
Susan Robinson 1979
Cathy Rocke 1977
Whitney Rockwell 2003
Robyn Rolfe 1991
Debbie Ross 1979
Jennifer Ross 1994-95
Jill Rothkopf 1985-88
Helen Salcedo 1994-97
Elizabeth Salmon 1975
Jane Samuels 1988-89
Kelly Sanders 2005-
Patricia Sauer 1974-75
Nancy Schwabe 1985
Sarah Schafer 1978
Karen Schmid 1980-83
Jacqui Schoppe 1999-00
Emily Schum 1999-01
Julia Scott 1982
Sharon Scott 1990-93
Judy Scovel 1982
Susan Selhorst 1981
Danielle Sermer 2001
Mary Setser 1975
Katherine Sherwood 1974
Carol Shigaki 1974-75
Caitlyn Shreve 2002
Emily Silver 2005-

Helen Silver 2003-
Anna Simcic 1994-95
Amy Simpson 1997-00
Karen Sisk 1974-75
Lynne Sisk 1974-75
Kristen Sissener 2001-02
Kelly Sitts 2005-
Michelle Smart 1974
Julie Smith 1991-94
Lauren Smith 2003-
Lisa Smith 1980-82
Loretta Soffe 1985-86
Sandy Spelman 1982-84
Theresa Spicer 1978-79
Nadia Staubit 2004-
Susan Steimle 1978
Paula Sharzer 1974-76
Nadia Staubit 2004-
Nina Stevens 1980
Shelly Stevenson 1984-85
Kate Stewart 1982-84
Margaret Stier 1982
Marbaret Stier 1979-80
Staciana Stitts 2000-03
Dawna Stone 1987-88
Kim Strauch 1985-86
Kris Strauch 1985-86
Kelly Stravers 2005-
Lisa Summers 1990-93
Shelley Sweeney 1989
Jill Symon 1981
Cathy Szalay 1981-82, 1984
Emmely Tanaka 2000-01
Akiko Thomson 1993-96
Laurie Thor 1977
Amy Tidball 1988-91
Kate Tiedeman 2003-
Jill Tirpack 1981-82
Leann Toomey 2005-
Myra Troske 1982
Sherry Tsai 2005-
Janet Tsujimoto 1976-77, 79-80
Melissa Turk 1990-92
Cindy Tuttle 1982-85
Amanda Urioste 2001-02
Kerri Valadao 1984
Karen Valentine 1980
Conny van Benthum 1985-86
Lisa VandenBerg 1986
Amy Vastine 1996-97
Emily Verdin 2005-
Melanie vonHartitzsch 1996
Alicia Walker 1988-91
Amy Walker 1993
Ann Walker 1988-91
Diane Wallace 1976
Sharon Wallahan 1979
Juli Walls 1992-93
Michelle Weise 1984
Katie Welch 1989-92
Sara West 1993
Jamie Westoby 2000-01
Wendy Whelan 1994-97
Lisa White 2000
Ashley Whitney 2002
Carol Wittstock 1976-77
Lynn Wittstock 1981-84
Diana Williams 1975-77
Kristin Winn 1989-92
Jo Wollschlaeger 1988
Pia Wong 1985-86
Niki Woodard 1995
Karen Wyatt 1978
Joscelin Yeo 1999-00
Kyoko Yokouchi 2001
Mellanie Yotsuya 1986
Courtney Young 1993
Becky Zepp 1982-83

***Bold** denotes current Cal athlete*

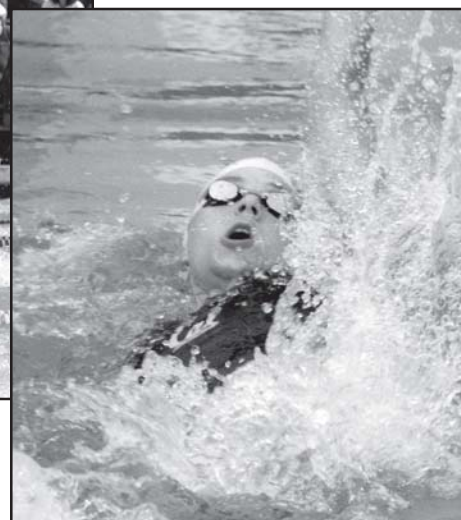


SPIEKER AQUATICS COMPLEX

THE HOME OF CHAMPIONS



Spieker Aquatics Complex has played host to some of the world's best swimmers, including Olympic and Cal swimmer Haley Cope (below).



The home of the University of California women's swimming team is the Spieker Aquatics Complex, one of the finest outdoor facilities in the United States.

Completed in the fall of 1982, the \$1 million dollar facility was made possible through the Cal Sports '80s project and was dedicated to

the former California water polo letterman Warren "Ned" Spieker Jr., who provided the major portion of the funding for the project.

The facility replaced the old Harmon pool, which had stood on the same site since the early '30s. Included in the extensive remodeling project was the joining of the two existing tanks into one 50-meter by

25-yard pool of deep water, suitable for national and international swimming and water polo competition. Also included in the reconstruction was the installation of new piping and filtration systems, lighting modifications and increased spectator seating.

The Spieker Aquatics Complex is located adjacent to Haas Pavilion at the corner of Bancroft and Dana streets on the Berkeley campus.



SPIEKER AQUATICS COMPLEX RECORDS

50 Freestyle	23.17	Sara Platzer (UCLA)	Jan. 27, 2001
100 Freestyle	48.65	Natalie Coughlin (California)	Feb. 1, 2003
200 Freestyle	1:46.92	Stephanie Williams (Georgia)	Oct. 25, 2001
500 Freestyle	4:44.61	Natalie Coughlin (California)	Jan. 26, 2002
1000 Freestyle	9:46.36	Tiffany Cohen (Texas)	Feb. 7, 1988
1650 Freestyle	16:25.31	Andrea Hayes (Texas)	Feb. 4, 1990
100 Backstroke	52.22	Natalie Coughlin (California)	Feb. 1, 2003
200 Backstroke	1:57.02	Natalie Coughlin (California)	Jan. 27, 2001
100 Breaststroke	59.51	Tara Kirk (Stanford)	Feb. 10, 2001
200 Breaststroke	2:11.01	Tara Kirk (Stanford)	Feb. 15, 2003
100 Butterfly	51.88	Natalie Coughlin (California)	Jan. 31, 2003
200 Butterfly	1:55.03	Natalie Coughlin (California)	Feb. 15, 2003
200 Ind. Medley	1:57.54	Natalie Coughlin (California)	Jan. 25, 2002
400 Ind. Medley	4:15.28	Katie Yevek (Georgia)	Oct. 25, 2001
200 Medley Relay	1:41.50	California (Coughlin, Stitts, Griffith, Harper)	Feb. 1, 2003
400 Medley Relay	3:39.86	California (Silver, Stitts, Coughlin, Becks)	Jan. 31, 2003
200 Free Relay	1:33.04	California (Kolbisen, Cope, Omphroy, Yeo)	Jan. 22, 2000
400 Free Relay	3:19.75	California (Kolbisen, Yeo, Omphroy, Chiang)	Feb. 13, 1999
800 Free Relay	7:23.95	Texas (Cooper, Dutcher, Hayes, Arris)	Feb. 4, 1990

Bold denotes returnee



THE UNIVERSITY



The University of California is one of the world's leading academic institutions. The school, known throughout the world as "Cal," is truly a prototype of a contemporary university. It attracts what many consider the finest applicant pool in the country, generates an ethnically and culturally diverse student population on campus, and provides one of the finest learning experiences in the world today.

WORLD-CLASS FACULTY AND STUDENTS

The Berkeley campus is renowned for the size and quality of its libraries and laboratories, the scope of its research and publications, and the distinction of its faculty and students. National rankings consistently place Cal's undergraduate and graduate programs among the very best. The faculty includes seven Nobel Laureates, 128 members of the National Academy of Sciences, 16 MacArthur Fellows, 83 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (139) than any other university in the country.

The quality of Cal's diverse and independent student body complements the stature of the faculty. Almost 33,000 students annually enroll at Cal. Of these, about 23,000 are undergraduates. Students come to Berkeley from all over California, in addition to every state in the union and more than 2,000 students from more than 75 countries around the world.

CAL EXCELS IN THE CLASSROOM

- More than 300 student-athletes have cumulative GPAs over 3.00
- 175 student-athletes earned academic all-conference honors last year
- Five Cal football players were named first team Pac-10 All-Academic and four more earned second teams status in 2004

CAL STUDENT POPULATION

Fall 2004

No. of Students	32,814
Undergraduates	22,880
Graduate Students	9,934
Gender Distribution	
Male	15,920
Female	16,894

STUDENT COMPOSITION

Fall 2004

A multi-cultural and multi-ethnic campus. No ethnic group forms a majority.

Native American	219
Asian/Asian American	11,107
African American	1,149
Hispanic	3,008
Caucasian	11,551
Other	686
No Ethnic Data	2,557

The undergraduate student body can best be characterized by its diversity; there is no one racial or ethnic majority. Students reflect all age

groups, and economic, cultural and geographic backgrounds. This dynamic mix produces the wide range of opinion and perspective essential to a great university.

